

From: Marije Neuman (Safety and Security Officer)
Date: 26 March 2021
Subject: Q&A COVID regulations NURSERY/PRIMARY
Version: 2.0

What are the Covid-19 symptoms?

Symptoms of Covid-19 include:

- Cold-like symptoms (such as a runny nose, sneezing and/or a sore throat)
- Coughing
- Shortness of breath or pneumonia
- A higher temperature (up to 38 degrees)
- A fever (above 38 degrees)
- A sudden loss of smell or taste (without a blocked nose)

When should a Nursery/Primary pupil stay at home?

- Your child must stay at home and [get tested](#) if they have coronavirus symptoms, even in the case of mild, cold-like symptoms.
- Your child must stay at home if someone they live with has a fever or is short of breath.
- Your child must stay at home and get tested if someone in their immediate family has coronavirus.
- Your child must stay at home and get tested if they have been in [close contact](#) with someone who has coronavirus.
- Your child must stay at home and get tested if they have been in contact with someone who has coronavirus at school.
- If your child is very sick, call your family doctor.
- The municipal health service (GGD) may advise you to get your child tested as part of an outbreak investigation.
- If someone from the household is awaiting a test result, the pupil stays at home.
- Return to school is always in agreement with the Deputy Director Nursery & Primary.

Why is it a good idea to apply for a DigiD for the child?

Yes. A DigiD allows a smooth and fast access to the test result. With a DigiD, parents can check the child's test results.

In the secure online environment, the test result can often be found several hours before the call from the GGD.

The phone call from the GGD with the results follows. So you know sooner whether a child child may or may not attend school or day care, and whether others need to be quarantined.

Anyone with a BSN can apply for a DigiD on the website <https://www.digid.nl/en>.

What if the test was negative?

- If the pupil is tested and the test is negative (no Corona virus detected): when fit and no symptoms other than when the test was carried out, the pupil can return to school.

What if the test was positive (with symptoms)?

- If someone has been diagnosed with Covid-19 (with symptoms) in the direct family of the child, the whole family need to go into quarantine for 5 days after the last unprotected contact with the Covid-19 diagnosed person. <https://lci.rivm.nl/covid-19-huisgenoten-EN>
- If, after having had contact with a positive COVID patient, someone in the household is tested after 5 days and the test is negative (and the person is free of symptoms) the quarantine is over and the person can come back to school.
- If a test is positive (corona virus detected) and the person has symptoms: the person need to stay in quarantine for 7 days and until the symptoms are absent for at least 24 hours. <https://lci.rivm.nl/covid-19-patient-EN>
- Always follow the advice of the GGD.

Is it allowed to travel abroad?

No. The government's advice is not to travel abroad until 15 May. Anyone who travels to a “red” or “orange” zone, he/she has to stay in quarantine for 10 days.

You can arrange to get tested for coronavirus after arriving in the Netherlands from abroad, even if you don't have any symptoms. You must wait until the 5th day after your arrival in the Netherlands. If the test shows you do not have coronavirus, you can end your self-quarantine.

These rules do also apply to children in Nursery/Primary.
The most recent information can be found [here](#) and [here](#).