



HEALTH AND SAFETY GUIDELINES IN SECONDARY

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INTRODUCTION

On 29th of November 2021, the Dutch authorities released an updated protocol with the new health and safety measures for the schools.

The school will continue to maintain safety and hygiene measures to ensure that pupils - as well as staff members - can work in safe conditions in accordance with the Dutch national protocols.

All secondary students are expected to follow the same guidelines and national rules, despite their age.

In some areas (e.g. self-isolation) the rules are different for immune and non-immune persons. Therefore, students and parents are asked to carefully read the guidelines and follow them.

According to the VO-raad protocol (*Protocol*) from 16th August 2021, a person is immune to the SARS-CoV-2 if he:

-completed a vaccination series of Pfizer/Moderna/AstraZeneca 14 or more days ago;

Or

-received 1 dose of one of these vaccines 14 days or more ago after having been infected with COVID-19;

Or

-received the Janssen vaccine 28 or more days ago

Or

- has been infected with COVID-19 less than 6 months ago.

The guidelines will be updated if necessary / if the *Protocol* is revised.

Parents are advised to scrutinize the decision tree to understand when their child should stay at home and when he can come to school.

If clarifications are needed on your current situation, please contact the safety and security officer Ms Neuman marije.neuman@eursc.eu

1. PRINCIPLE AND OBJECTIVES

Our objectives are:

- To incorporate safety measures to maximize the safety of the pupils and staff of the European School Bergen.
- To maximize the pedagogical quality and efficiency of teaching and learning within the safety framework.

2. HEALTH AND SAFETY MEASURES

Main aspects

- **Self-tests- all students are recommended at least twice a week to do a self-test at home.**
The self-test is a way to quickly see if one is infected with coronavirus and is used as a preventive measure. Self-testing is always voluntary. Students can get the self-tests from school.
- Students do not have to keep the distance of 1,5m from each other, however, 1,5m distance must be kept with the teachers. All adults keep 1,5 distance from each other.
- Face-masks will continue to be compulsory in all common spaces when pupils are moving around the school. It is not necessary to wear face-masks outside, or when eating seated in the building.
- Wash hands regularly with soap and water for at least 20 seconds or use disinfectant if washing is not possible.
 - Do not touch your face, mouth, eyes, nose.
 - When coughing or sneezing keep the greatest possible distance to other people. Cough and sneeze on your arm.
 - Do not share personal material with others (bottles, pencils, ruler, etc.).
 - In case of symptoms (e.g. fever, dry cough, breathing problems, loss of sense of taste, sore throat) a student must stay at home, this must be reported to the school via child.absent@esbergen.org. and a PCR test is asked to do.
- In case family members are awaiting a PCR test result, please keep **non-immune children/siblings** at home to observe if any symptoms might show until the outcome of the test is known;
- If symptoms of COVID-19 are suspected during the school day, the student concerned must contact the school nurse immediately, the nurse will contact the parents and the student is sent home. The siblings must go home as well if they are not immune.
- When a student needs to be tested, he/she must wait for the test result before he/she comes to school.
- When a student has traveled to and has returned from an orange/red identified zone, he/she needs to follow the national guidelines.
- If a student has been in **quarantine, the return date must be discussed with the school.**
- Parents are not allowed to enter the school premises for the individual meetings with the teachers or management.

Entering and leaving the school premises

- Students must disinfect their hands before entering the school building.
- A face mask must be put on before entering the school building.
- Students are allowed to use their locker.
- Students must go directly to their classroom, go inside and sit down. The doors of classrooms will be unlocked. No pupils should wait in the corridors.

Safety and hygiene in the classrooms

- Classrooms and materials are cleaned to conform with the rules and expectations of the RIVM.
- The room must be aired regularly, and this means that between lessons and at the start of the day the windows must be opened, and preferably left open during lessons if the weather is suitable.
- The doors of the classrooms should be kept unlocked and left open during the lessons to minimize touching the door handles.
- Students clean their hands with disinfectant at the beginning of each lesson. There are paper towels, disinfectant available in all classrooms.
- The tables are cleaned at the beginning of each lesson by the students under the supervision of the teacher and the teacher must do the same.
- The bins in the classrooms are emptied at the end of the day.
- The ICT rooms can be used. Each keyboard and mouse must be cleaned with disinfectant by the user at the beginning of the lesson.
- In the Art and Music classes all the instruments /equipment/tools must be cleaned by the user under the supervision of the teacher.
- Regarding the changing rooms, the students must follow the instructions given by the PE teachers.

Safety and hygiene in the Library and Study Hall

- The instructions given by the Librarian/Educational Advisers must be always followed.
- Follow the arrows to enter and leave the Library/Study Hall.
- The computers can be used, the keyboard and mouse will be disinfected before and after each use.

Safety and hygiene in the corridors, transitions between lessons

- In the corridors, the routes are clearly marked. Arrow strips on the floor / wall show the direction in which people are expected to walk.
- It is not allowed to use the lift.

Short Breaks and Lunch breaks

- Students are encouraged to be outside (front yard or sports field)

3. TEACHING AND LEARNING

All classes follow the normal timetable. The exam classes follow the exams schedule. The student who cannot participate in the exam due to quarantine or sickness, will take a replacement exam later.

When students are in home quarantine, they are expected to catch up their lessons. Class material will be available on Teams/ One Note and some lessons could be streamed, when possible. It is advisable the students to contact their teachers through Teams as they need to know if the student is fit enough to work from home.