



## HEALTH AND SAFETY GUIDELINES IN SECONDARY

**Version 07.01.2022**

### INTRODUCTION

The school will continue to maintain safety and hygiene measures to ensure that students - as well as staff members - can work in safe conditions in accordance with the Dutch national protocols.

All secondary students are expected to follow the same guidelines and national rules, despite their age.

**Students and parents are asked to read carefully the Decision tree (attached to the message) to understand when their child should stay at home for self-isolation and when he can come to school.**

The guidelines will be updated if necessary / if the *Protocol* is revised. The current version is in line with the *Protocol* from January 10, 2022.

If clarifications are needed on your current situation, or you have questions about self-tests, please contact the safety and security officer Ms Neuman [marije.neuman@eursc.eu](mailto:marije.neuman@eursc.eu)

### 1. PRINCIPLE AND OBJECTIVES

Our objectives are:

- To incorporate safety measures to maximize the safety of the pupils and staff of the European School Bergen.
- To maximize the pedagogical quality and efficiency of teaching and learning within the safety framework.

### 2. HEALTH AND SAFETY MEASURES

#### Main aspects

- **Face-masks are compulsory in all common spaces when students are moving** around the school. It is not necessary to wear face-masks outside, in the class room or when eating seated in the building.
- The school will monitor how this rule is followed and will use a traffic light system- a yellow card is a warning and red card means that the student will be excluded from

school for the next day he/she should attend. Further disciplinary action will be taken against students who do not cooperate.

- Students are expected to bring their own face masks. The school gives a face mask only in exceptional cases.
- Students must keep the distance of 1,5m from the teachers, but not from each other. It is nevertheless recommended to keep distance with other students when possible. The distance of 1,5m must always be kept between the adults.
- Wash hands regularly with soap and water for at least 20 seconds or use disinfectant if washing is not possible.
- Do not touch your face, mouth, eyes, nose.
- When coughing or sneezing keep the greatest possible distance to other people. Cough and sneeze on your arm.
- Do not share personal material with others (bottles, pencils, ruler, etc.).
- In case of symptoms (e.g. runny nose, fever, dry cough, breathing problems, loss of sense of taste, sore throat) a student must stay at home and this must be reported to the school via [child.absent@esbergen.org](mailto:child.absent@esbergen.org).
- In case a family member has symptoms, the siblings remain at home until the test result is known.
- If symptoms of COVID-19 are suspected during the school day, the student concerned must contact the school nurse immediately, the nurse will contact the parents and the student is sent home. If the student has siblings at school, the nurse will discuss the situation with the parents taking into consideration the RIVM rules.
- The parents are asked to follow the *national instructions* when their child has returned from an orange/red/ dark red identified zone.
- If a student has been in **quarantine, the return date must be discussed with the school**. The student can only return to school after **written confirmation (of the return date) by the school**.
- Parents are not allowed to enter the school premises for individual meetings with the teachers or management.
- Self-tests:
  1. A self-test is a way to quickly determine if someone is infected with coronavirus. Preventive testing means doing a self-test twice (e.g. Monday and Wednesday morning) a week even if there are no symptoms of coronavirus infection.
  2. Those who test positive must stay home and make an appointment with the GGD. By following these measures, we can keep our school open for as many students as possible. These measures are in the interest of the health of each student, his/her classmates, the teaching staff and the parent(s)/guardian(s).
  3. Self-testing is always voluntary.

### **Entering and leaving the school premises**

- Students must disinfect their hands before entering the school building.
- A face mask must be put on before entering the school building.
- Students are allowed to use their locker.
- Students must go directly to their classroom, go inside and sit down. The doors of classrooms will be unlocked. No pupils should wait in the corridors or entrance hall.

### **Safety and hygiene in the classrooms**

- Classrooms and materials are cleaned to conform with the rules and expectations of the RIVM.
- The room must be aired regularly, and this means that between lessons and at the start of the day the windows must be opened, and preferably left open during lessons if the weather is suitable.
- The doors of the classrooms should be kept unlocked and left open during the lessons to minimize touching the door handles.
- Students clean their hands with disinfectant at the beginning of each lesson. There are paper towels and disinfectant available in all classrooms.
- The tables are cleaned at the beginning of each lesson by the students under the supervision of the teacher and the teacher must do the same.
- The bins in the classrooms are emptied at the end of the day.
- The ICT rooms can be used. Each keyboard and mouse must be cleaned with disinfectant by the user at the beginning of the lesson.
- In the Art and Music classes all the instruments /equipment/tools must be cleaned by the user under the supervision of the teacher.
- Regarding the changing rooms, the students must follow the instructions given by the PE teachers.

### **Safety and hygiene in the Library and Study Hall**

- The instructions given by the Librarian/Educational Advisers must be always followed.
- Follow the arrows to enter and leave the Library/Study Hall.
- The computers can be used, the keyboard and mouse will be disinfected before and after each use.

### **Safety and hygiene in the corridors, transitions between lessons**

- In the corridors, the routes are clearly marked. Arrow strips on the floor / wall show the direction in which people are expected to walk.
- It is not allowed to use the lift.

### **Short Breaks and Lunch breaks**

- Students are encouraged to be outside (front yard or sports field)

### **3. ORGANIZATION OF TEACHING AND LEARNING**

- All secondary students can come to school and follow their lessons in situ.
- Students are asked to come to school for their first timetabled lesson and not earlier (except the students coming by bus).
- Students who are in home quarantine and are able to work will find necessary lesson material or tasks in Teams/One Note. When instructed by the teacher, can follow the lesson (or part of the lesson) on-line.